



EILEEN TOROSIAN TINNEY – Fitness Instructor

2017 FITNESS SCHEDULE

MONDAY

ZUMBA	Stradbroke Swim and Fitness	9:30 - 10:15 AM
ZUMBA GOLD	Huntingfield Village Hall	11:00 - 11:45AM
AQUA ZUMBA	Framlingham College Leisure Centre	6:15 - 7:00 PM
CLUBBERCISE	Thomas Mills, H.S. Framlingham	7:30 - 8:15 PM

TUESDAY

ZUMBA GOLD	St Michael's Rooms, Framlingham	10:00 - 11:00 AM
ZUMBA	Brundish Village Hall	6:00 - 7:00 PM
CLUBBERCISE	Hartismere H.S., Lines Hall, Eye	8:00 – 8:45 PM

WEDNESDAY

ZUMBA GOLD	Pennoyer Centre, Pulham St Mary	10:00 - 11:00 AM
CLUBBERCISE	Saxmundham Market Town Hall	6:00 - 6:45 PM
ZUMBA	Laxfield Village Hall	7:30 - 8:30 PM

THURSDAY

ZUMBA	Stradbroke Swim and Fitness	9:30 - 10:15 AM
ZUMBA	Fit Club, Diss	5:45 - 6:30 PM
ZUMBA	St Michael's Rooms, Framlingham	7:30 - 8:30 PM

FRIDAY

ZUMBA GOLD	Debenham Sports & Leisure	10:00 - 11:00 AM
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Some classes “may” have Zumba toning songs using very light free weights.

Licensed to also teach: Belly Dance, Zumba for KIDS, Zumba Sentao, and Keep Fit. ETM (Exercise to Music) Level 2 Certified. REPS and Insure4sport, insured. PPL (music) license holder.

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 ZumbaEileenFitness; Clubbercise Eileen Suffolk - Sax, Fram and Eye; Tropic-Eileen; Eileen Torosian